

2018-2019 Training Requirements for Direct Support Professionals (DSPs) Providing Community Supports Year One

Respite				CH, CH-R		Enhanced CH & CH-R (includes CIHS & WCS)					
Core	Title	Hrs.	Core	Title	Hrs.	Core	Title (CIHS Mentors Must Complete All Core Below)	Hrs.	Core	Title	Hrs.
#1A	<p>Working in a Family's Home: Key Points You Need to Understand</p> <p>Participants will gain an understanding of the diversity and complexities of families, parenting styles and values that can influence and impact the work; learn to identify behaviors and situations that present challenges e.g., boundaries, conflicts of interest, confidentiality, accepting gifts, etc.</p>	2	#1A OR #1B	<p>Working in a Family's Home: Key Points You Need to Understand (staff only)</p> <p>OR</p> <p>Supporting People Living on Their Own- I</p> <p>Participants will learn about income, benefits and strategies for teaching maintenance of a clean, safe home; health and wellness; safety; being a good neighbor; working with family members; checklists, schedules & more.</p>	2	# 1A	<p>Working in a Family's Home: Key Points You Need to Understand (staff only)</p>	2	#1A OR #1B	<p>Working in a Family's Home: Key Points You Need to Understand (staff only)</p> <p>OR</p> <p>Supporting People Living in Their Own Home</p>	2 2
	Total Hours=2	2	# 2	<p>Planning, Organizing and Delivering Your Professional Service (staff only)</p> <p>Participants will learn how to approach and structure sessions, develop schedules, differentiate community integration from community exposure, plan activities accordingly.</p>	2	# 2	<p>Planning, Organizing and Delivering Your Professional Service (staff only)</p>	2	# 2	<p>Planning, Organizing and Delivering Your Professional Service (staff only)</p>	2
			# 3	<p>Principles of Shaping Behavior & Other Strategies for Effective Teaching</p> <p>Intro to learning process, assessment, key areas of focus, tools and strategies for successful outcomes for children and adults with autism spectrum disorders and other developmental disabilities</p>	4	# 3	<p>Principles of Shaping Behavior & Other Strategies for Effective Teaching</p>	4	# 3	<p>Principles of Shaping Behavior & Other Strategies for Effective Teaching</p>	4
				<p>Plus Any Combination of Consultations or Training as Approved By the Supervisor</p> <p>Total Hours=10</p>		# 4	<p>Principles of Shaping Behavior: Understanding, Preventing & Replacing Problem Behaviors</p> <p>Defining behavior, functions, when to intervene, replacement behaviors, antecedent & consequence strategies; the functional behavior assessment process and the role of DSPs; common data collection methods, etc.</p>	2	# 7	<p>Group Clinical Support</p> <p>opportunity to discuss what's working, concerns, challenges, gain fresh perspective, get ideas, learn from others</p>	2

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Core	Title	Hrs.	Core	Title	Hrs.	Core	Title (CIHS Mentors Must Complete All Core Below)	Hrs.	Core	Title	Hrs.
						# 5A <i>OR</i> # 5 B	Social Skill Building for Children 12 and Under strategies for teaching social skills most people just know e.g., social communication and the “rules” <i>OR</i> Social Skill Building for Youth & Young Adults	2		Plus Any Combination of Consultations or Training as Approved by the Supervisor Total Hours=18	
						# 6	Sensory Integration Issues for People with ASD and Other Neurological Conditions overview of common issues affecting the seven sensations, how to assess and plan for potential sensory stimulants that may be problematic in different environments	2			
						# 7	Group Clinical Support opportunity to discuss what’s working, concerns and challenges, gain fresh perspective, get ideas, learn from others	2			
							Plus Any Consultations or Training as Approved by the Supervisor Total Hours =18				



Connecting People Authorized for Community Supports with a Network of Partners Committed to Implementing Substantial Changes to Improve Delivery of Quality Supports
ACCESS: Supports for Living • Crystal Run Village • Greystone Programs • Inspire • Mental Health Association in Orange County • The Arc of Orange County • The Orange County Department of Mental Health

Looking for a part-time job mentoring children and/or adults with developmental disabilities? The Orange County Community Support Initiative (OCCSI) partner providers have jobs available in every Orange County community afternoons, evenings, weekends. Contact an OCCSI partner provider or send your resume or letter of introduction to occsi@orangecountygov.com and it will be distributed to all of them. For more information, please go to www.orangecountynyddconnection.com

Optional, Ongoing Training Offered for 2018-2019 (can be used to complete year one and ongoing requirements)

Title	Hrs	Title	Hrs
Supporting People in Their Own Home- II More on topics including: identification of suspicious activity (including trafficking, gangs and drugs); safety in the neighborhood, avoiding victimization; special considerations for those parenting and more	2	How to Gain Cooperation learn to enhance motivation through the use of reinforcement strategies	2
Supporting Children, Youth and Adults with Co-Occurring DD & Mental Illness and/or Substance Use/Abuse diagnosis, signs, symptoms, treatment, resources, supporting wellness & recovery	2	Tweens, Teens and Young Adults with Autism Spectrum Disorders and Other Developmental Disabilities identify and learn strategies to teach critical skills needed to optimize the transition to adulthood and successful employment and gain an understanding of the health, social and emotional risks/concerns	2

Consultations Offered 2018-2019 (can be used to complete year one and ongoing requirements)

Title	Hrs	Title	Hrs
BYO Goals (staff only) discussion and sharing tips to help build a wide array of activities to address identified goals	2	Activity Ideas for Those with Limited or No Functional Communication Participants will be offered an array of ideas to give the child positive sensory experiences to promote growth	2
How to Create and Use Power Cards and Social Stories with Make & Take Power cards use the person's special interests to motivate while social stories help describe situations in terms of what they can expect and what their responses should be. Both are tools that help to shape skill development.	2	Strategies to De-Escalate in the Moment Identify the warning signs and learn simple things you can do to avoid a full meltdown	2
Family Dynamics (staff only) Participants will gain an understanding of the diversity and complexities of families, how they interact with one another, values, and strategies to address challenges for best outcomes	2	Safety Skill Building traffic safety, supervision, negotiating parking lots, safety plans for the home and community outings and more	2

Training Requirement Summary

Respite Staff		CH, CH-R		Enhanced CH, CH-R (includes CIHS & WCS)	
Year 1 (first 12 months)	2 Hours Training #1A	Year 1 (first 12 months)	Core #1A or #1B, #2, #3, Plus Two Hours Any Combination of Training or Consultations Approved by the Supervisor = 10 Hours Minimum	Year 1 (first 12 months)	CIHS mentors must complete Core #1A, #2, #3, #4, #5 A or #5B, #6 & #7 plus Two Hours Any Training or Consultation as Approved by the Supervisor=18 Hours Minimum Others must complete Core #1A or #1B, #2, #3, & #7 plus Any Combination of Training or Consultations Approved by the Supervisor = 18 Hours Minimum
Ongoing (after first 12 months)	0	Ongoing (annually after first 12 months)	2 Hours Minimum Any Combination of Training or Consultations Approved by the Supervisor	Ongoing (annually after first 12 months)	4 Hours Minimum Any Combination of Training or Consultations Approved by the Supervisor

