

ORANGE COUNTY

SERVICES GUIDE

FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES AND THEIR FAMILIES



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The most current version can be found @ www.orangecountynyddconnection.com

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INTRODUCTION

This guide is designed to provide information about the array of specialized services and supports that exist for children and adults with developmental disabilities living in Orange County, New York and their family members. Most require eligibility through the New York State Office for People with Developmental Disabilities (OPWDD) unless noted otherwise. Some may appear in multiple sections of the guide to assist the reader in finding what they need. The guide also contains other useful information such as transition and future planning plus some local generic resources available to all county residents. Please visit www.orangecountynyddconnection.com to access the most current version of the guide, program applications, forms, training and other events.

THE ROLE OF COUNTY GOVERNMENT

Under New York State Mental Hygiene Law, the Orange County Department of Mental Health (OCDMH) is charged with fiscal and programmatic oversight, planning, and coordination of mental health, chemical dependency, and developmental disabilities services. Orange County government's commitment to serving people with developmental disabilities and their families is demonstrated by its designation of a Division within the Department of Mental Health and allocation of county tax dollars to support some of the specialized services identified in this guide.

Through the Developmental Disabilities Division, the county works closely with the New York State Office for People with Developmental Disabilities' Regional Office to manage resources available, assist those in need, carve local policy and procedure. The county provides advocacy and mediation; information and referral; technical assistance; clinical services; leadership; cross systems individualized service planning and training on evidenced based practices for those with complex needs through the framework of WELCOME Orange.

WELCOME Orange!

Working to Encourage Leadership and Collaboration Of Multi-Disciplinary Service Providers Enhancing healthy living in Orange County

WELCOME Orange is a philosophy embraced by community partners -- up, down and across organizations and agencies -- committed to changing the way people in need of support experience "the system". Guided by a set of principles, these community partners understand that complexity is an expectation. In other words, those in need of support come with many issues that cut across systems and services. They are committed to developing and enhancing practices to become complexity capable; respond in a welcoming, hopeful and helpful manner; be open to all regardless of the presenting issue or agency's mission and connect them to other partners that can help. There is a Steering Committee and Change Agent group working on an array of issues and strategies that can be applied system wide; they are networking and collaborating in new ways. All are welcome. To learn more call 845-291-2600.

SECTION I: OVERVIEW OF THE DEVELOPMENTAL DISABILITIES SYSTEM

SCOPE OF THE SYSTEM

The developmental disabilities system in Orange County is a system of long term, planned care that offers a wide array of services and supports to children and adults throughout the lifespan and their families.

Limitations of the system:

- Services are not entitlements. They are accessed by eligible individuals based on availability of capacity and/or funding and for certain services, additional assessment, approval or authorization.
- As a system of long term planned care, emergency response capacity is extremely limited. There are no empty beds set aside for crisis or staff available to support an immediate need.
- It is not a comprehensive system of care. Other systems exist to meet additional unmet needs including but not limited to health care; education; mental health, addiction and social services.

The developmental disabilities system is extremely complex and currently undergoing massive changes that are occurring rapidly. The NYS Office for People with Developmental Disabilities (OPWDD) has launched a significant systems transformation statewide and at this time, many of the changes, the challenges and local impact are not known. Please know that your county government is working closely with OPWDD and local providers to ensure that the needs of its citizens are assessed and addressed, to provide information, plan for the changes to come and to monitor the impact of these changes.

ORANGE COUNTY DEVELOPMENTAL DISABILITIES

PROVIDER NETWORK

ACCESS: Supports for Living*

Ahivim, Inc.

Capabilities Partnership

Chemlu Developmental Disabilities Center

Crystal Run Village

Greystone Programs

Hamaspik of Orange County

Hudson Valley DD Regional Office

IKAN

Independent Living

Inspire, the CP Center

Jewish Family Services

Mental Health Association in Orange

Orange County Department of Mental

Rayim of Hudson Valley

The Arc of Orange County

*formerly Family Empowerment Council, Occupations & Stony Ford

ACCESS TO SUPPORTS AND SERVICES

QUALIFYING DIAGNOSES FOR ALL SPECIALIZED SERVICES

Cerebral Palsy, Epilepsy, Autism, Neurological Impairment (injury, malformation, or disease involving the Central Nervous System), Intellectual Disability (formerly referred to as Mental Retardation with IQ of 69 or lower)-any one diagnosis or combination

FUNDING & ACCESS

Most specialized services are funded by Medicaid through the NY State Office for People with Developmental Disabilities (OPWDD). Orange County government co-funds some OPWDD services and is the sole funder for other specialized supports and services.

WAYS TO CONNECT WITH SERVICES

Direct Self-Referral

Anyone can connect directly with specialized services that do not require OPWDD eligibility

OPWDD Front Door (845)-695-7330

New Individuals must go through the OPWDD Front Door Process which includes:

- eligibility deeming, and
- orientation, and
- assessment of need, and
- service authorization

Note that additional review and prioritization may also apply.

Those that contact the DDRO to begin the Front Door process but do not have formal full eligibility will be connected to a provider of Family Assistance to help with that process.

Inquiry to County

Anyone can go to www.orangecountynyddconnection.com and click on "I want to connect with services," complete the data fields and submit on the county's secure server. Based on information submitted, a recommended plan of action will be provided that includes specialized and generic services that may address the presenting need(s) regardless of eligibility status and next steps. Assistance with OPWDD eligibility will be offered followed by a connection to the OPWDD Front Door Process.

Important!!

A recommendation is not an approval or authorization for service.
Access/Enrollment for most services is subject to approval or authorization, verification of eligibility status, availability of funding and/or capacity.

Approval or authorization differs from actual service delivery.
Once a service is authorized, delivery may be delayed due to the challenges of recruiting and hiring process.

OPWDD ELIGIBILITY

Obtaining eligibility is the key to moving forward if the service needed requires NYS OPWDD eligibility. This is a formal, often multi-level review process that includes letters of notification about status and next steps. It is not an easy process, it can be quite lengthy, additional information may be requested, and most people need assistance.

A limited number of OPWDD funded services can be accessed prior to having OPWDD eligibility. In Orange County, additional services can be accessed without OPWDD eligibility if funded in part or entirely by county government or through funds raised by non-profit agencies. Those services are identified in the specialized services section of the guide.

CRITERIA FOR NYS OPWDD ELIGIBILITY

- Presence of a qualifying diagnosis or condition, and
- occurrence before age twenty-two, and
- is expected to continue indefinitely, and
- constitutes a “substantial handicap” requiring the need for lifelong support

DOCUMENTATION REQUIRED FOR OPWDD ELIGIBILITY

- A current (minimally within three years), comprehensive, measure of intellect (IQ) using the most current version of an OPWDD acceptable assessment tool; and
- If the IQ is above 60, a current measure of adaptive behavior/functioning using an OPWDD acceptable assessment tool; and
- A social history describing any pre-natal or other early risk factors that may have impacted the individual, age of onset, and that reflects the person’s current situation. If documented history is not available, efforts to obtain the information must be provided along with any history that can be gathered from family members or other sources; and
- A physical (current within one year) specifying any medical/ physical anomalies; and
- Onset prior to age 22, and
- If the IQ is 70 or higher, documentation of a qualifying diagnosis other than intellectual disability must be submitted resulting from an assessment, medical records, genetic testing, etc. This does not need to be current.

Generally, eligibility is determined once with these exceptions:

- Young children meeting criteria will receive *provisional* eligibility and *re-determined* by age eight.
- People may need to re-apply after a break in service. An example might be a person who ends all specialty developmental disabilities services and receives all services from another system such as foster care, residential school, correctional facility, mental health.

SECTION II: SPECIALIZED SERVICES

HELP NAVIGATING THE SYSTEM

Advocacy, Information & Referral, Family Assistance (OPWDD Eligibility Not Required)

These programs provide short term, focused assistance such as advocacy, problem solving, assistance with linkage to appropriate services, benefit advisement, future planning.

ACCESS: Supports for Living	(845) 343-8100
Capabilities/Epilepsy Society of Southern NY	(845) 627-0627
Independent Living	(845) 565-1162
Inspire, CP Center	(845) 294-7300 x250
Mental Health Association	(845) 342-2400
Orange County Department of Mental Health	(845) 291-2600
The Arc of Orange County (Spanish Speaking)	(845) 565-6027 x1160

Medicaid Service Coordination (MSC)

MSC is a long term, Medicaid state plan funded service designed to assist a person with accessing and maintaining needed services and supports. It is not an intensive or clinical service. Not everyone is in need of MSC; it may be authorized for those assessed to need ongoing, comprehensive services.

Plan of Care Support Services (PCSS)

Some people receiving services through the OPWDD Medicaid waiver may not want or need MSC. Plan of Care is a form of service coordination that may be more appropriate to support the individual. Agencies that provide MSC can also provide PCSS.

Did You Know?

You may choose a service coordinator or Plan of Care Service from one agency and receive other services from a different agency or multiple agencies. You can change providers at any time. Your choice should not be based on how "nice" they are, the agency's name or physical location. Do they do what's needed within the scope of their responsibilities? Are they responsive to you? Do they maintain professional boundaries? Are they responsive to and do they communicate with your other providers?

GROUP RESPITE, RECREATION, SKILL BUILDING

(Note: services for the individual also provide respite or a break for caregivers)

ANYONE BUT PARENTS KIDS CLUB

(OPWDD Eligibility Not Required)

monthly recreation in the community for children (ages 6-12) including siblings to encourage social skills and age-appropriate independence

Inspire, CP Center

(845) 294-7300 x 239

ASSIST (Acquiring Social Skills through Intervention Support and Training)

ten session program for ages 5-10 that need to develop social skills--- Activity fees may apply.

Mental Health Association in Orange County

(845) 342-2400 X 254

CLUB ASPIRE (After School Program Integrating Recreation & Education)

structured skill building activities for children (ages 6 -21) with autism and challenging behaviors M-F 2:00-6:00 in Sugar Loaf with limited busing available --parents must pick up.

Greystone Programs, Inc.

(845) 469-3760

CLUB ASPIRE – SATURDAYS

(OPWDD Eligibility Not Required)

respite, behavior management and skill building once a month on a Saturday from 10-4 for children (ages 6-21) with autism and other developmental disabilities-- Activity fees may apply.

Greystone Programs, Inc.

(845) 469-3760

CLUB ASPIRE –SCHOOL BREAK

(OPWDD Eligibility Not Required)

full day structured program to continue skill building and maintain consistency during school breaks for children (ages 6-21) with autism and challenging behaviors-- sliding fee co-pay

Greystone Programs, Inc.

(845) 469-3760

COMMUNITY ACTIVITIES PROGRAM

variety of center and community based activities evenings and weekends for teens and adults including but not limited to exercise class, movie and dinner, shopping, dances, trips, holiday parties, crafts and baking programs, special events, and swimming--activity fees may apply.

The Arc of Orange County

(845) 427-2077

GET UP AND GO!

(OPWDD Eligibility Not Required)

variety of sports and physical fitness activities for individuals age 21+ physically able to participate--- limited transportation available--activity fees may apply.

Inspire

(845) 294-7300 x 239

HEALTHY LIFESTYLES

(OPWDD Eligibility Not Required)

interactive, facilitated groups for teens and young adults with autism or other developmental disabilities able to engage in conversational speech covering important topics related to health, safety and socialization with workshops offered to parents

Orange County Department of Mental Health

(845) 291-2600

INTRODUCTIONS

(OPWDD Eligibility Not Required)

supervised community based group activities twice monthly for ages 16–26 designed to encourage and support development of friendships and independence-members pay for their own activities

Inspire, CP Center

(845) 294-7300 x 239

LEAP (Learning Enrichment After School Program)

Structured activities Monday–Friday 2:00–5:30 with transportation for City of Newburgh students through the district--others must have a viable means of transportation from school to program--parents pick up.

Independent Living, Inc

(845) 565-1162 x 231

ORANGE COUNTY EXPRESS: A TRAVEL CLUB (OPWDD Eligibility Not Required)

Transportation to various community activities, locations, events and venues with for adults (18+) in need of minimal supervision-- activity fees may apply

ACCESS: Supports for Living

(888) 750-2266

OPPORTUNITIES

Bi-monthly social skills training with a one-time monthly community outing to generalize learned social skills primarily designed for individuals on the Autism spectrum and others with similar behaviors ages 12-16.

Inspire

(845) 294-7300 x 239

SATURDAY ACTIVITIES PROGRAM (SAP)

Saturday program for students ages 6+ to assist in accessing weekly social and recreational activities throughout the community. Activity fees may apply.

Independent Living

(845) 565-1162 x 231

SATURDAY RESPITE

Semi-structured supervised play and activities for children age 3-12 from 12:00-5:00 in Goshen

Inspire

(845) 294-7300 x 239

SUNSHINE KIDS SCHOOL BREAK RESPITE (OPWDD Eligibility Not Required)

One week of fun-filled outdoor supervised activities with a day camp-like experience for each of three age groups for children entering kindergarten through age 12 located at Orange County's Thomas Bull Memorial Park.

Inspire

(845) 294-7300 x 239

SIBLING PROJECT

Support, education and information for those ages 6-18 with siblings that have a developmental disability. The group meets monthly plus an annual Family Day.

Mental Health Association of Orange County

(845) 342-2400

WEEKEND TRIPS

One or two night trips to regional points of interest for ages 16+. Sliding scale fees vary according to the trip include meals, lodging, transportation, supervision, and activities.

The Arc of Orange County

(845) 427-2077

EDUCATIONAL OPPORTUNITIES, AWARENESS EVENTS AND SUPPORT GROUPS

**All services listed in this section can be accessed without OPWDD eligibility
Call to be added to mailing groups**

CAPABILITIES PARTNERSHIP (845) 627-0627

Individual, systems and medical advocacy, employment assistance, epilepsy education and training, information and referral, support groups, counseling and crisis intervention for individuals/families with seizure disorders, or other disabilities such as traumatic brain injury

INDEPENDENT LIVING (845) 565-1162

Seminars about transition from school to adult services for youth aged 14-21 and families

MENTAL HEALTH ASSOCIATION OF ORANGE COUNTY (845) 342-2400

Crisis Assessment Prevention and Intervention Services (CAPIS)-Information and referral, educational seminars, family support groups, newsletters

Parents Run AMOC (Autism Move-A-Thon of Orange County)-Together with MHA provides information, training, financial and other support to individuals with autism disorders and their families. Annual awareness activities include a candlelight ceremony, move-a-thon, bowl-a-thon, and more.

Support Groups- Support groups change frequently and new ones are added often, please call for a full list of support groups and to obtain dates and times of meetings.

- Autism Discussion Group
- IDD Information Alliance
- IDD Discussion Group
- Residential Forum
- SPARKS

ORANGE COUNTY DEPARTMENT OF MENTAL HEALTH (845) 291-2600 Many training and educational seminars offered throughout the year. Please call to be put on the mailing list.

911 Orange County Registry Project- The Orange County 911 Registry Project is for children and adults with developmental disabilities living at home with their families or on their own. It offers a mechanism to submit important information into the 911 system that would be useful to first responders in the event of an emergency situation. Confidentiality of this information will be maintained as required by law however, it is important to understand that in the event of an emergency, information conveyed to first responders through the 911 system is sent over public airways.

Assertive Leadership Training- Skill building activities provided for youth age 12-18 with social, emotional or behavioral difficulties using abilities, strengths, and potentials in order to communicate more effectively. Curriculum includes listening and speaking, giving and receiving criticism, the anger cycle/anger management, coping strategies, problem solving, dealing with difficult people and situations.

Healthy Lifestyles-The service provides interactive, facilitated groups for youth ages 10-21 with autism and other developmental disabilities able to engage in conversational speech. Depending on the number and gender of applicants and topic or theme, small groups may be formed. Units are self-contained, covering a particular theme such as preparing for puberty, making friends, importance of grooming, etc. Participants may come to one or all sessions. Workshops are offered to parents designed to offer strategies for teaching the concepts to their child.

Project Lifesaver of Orange County NY-An Extra Layer of Protection for People with Alzheimer's, Autism and Related Disorders That Wander or Elope. People that meet the enrollment criteria will wear a transmitter device that emits a unique, identifiable radio frequency tracking signal. If the enrolled person goes missing, the caregiver is to call 911. The 911 call center will identify the person as enrolled in Project Lifesaver and trained officers from the Sheriff's Office will be dispatched with locator equipment along with other first responders. Initial cost per person= \$300.00, \$10.00 annually.

Young Adults Breaking the Ice (YABI) Self named skill building group for youth and young adults on the autism spectrum and with other developmental disabilities able to engage in conversation that would like help with anxiety, fear, problem solving, planning, organization, initiation, flexibility, social skills and developing friendships--where applicable, participants should come with their mentors or other staff providing community habilitation so that they learn to follow-through with strategies discussed in group

The ARC of ORANGE COUNTY (845) 561-0670

Autism: Bridging Adolescence Through Adulthood. Educational opportunities for families with youth on the autism spectrum ages 12 -20.

FINANCIAL ASSISTANCE

Family Reimbursement

State sponsored funding to provide cash subsidies, goods, services and financial advocacy for people with developmental disabilities living on their own or with their families. To access funds, an application must be submitted and approved.

ACCESS: Supports for Living	(845) 343-8100
Capabilities/Epilepsy Society of Southern New York	(845) 627-0627
Hudson Valley DD Regional Office	(845) 695-7300
Hamaspik of Orange County	(845) 774-8400 X303
Mental Health Association of Orange County	(845) 342-2400
Rayim Of Hudson Valley	(845) 782-7700

Autism Spectrum Fund

(OPWDD Eligibility Not Required)

Families caring for an individual with autism spectrum disorders at home may apply for an annual stipend for parent training and/or purchase of goods/services for the person including but not limited to gymnastics, karate, camp, clothing, toys, special food/supplements, social skills groups, trampolines and more. The amount of the annual stipend will vary from year to year depending on donations received by the Autism Move-a-thon of Orange County.

Mental Health Association of Orange County	(845) 342-2400
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EDUCATIONAL ADVOCACY

Educational advocacy is a service families may wish to use when there is a question of obtaining a free, appropriate education for a child who has special needs. Educational advocates are knowledgeable about education law, New York State education regulations, the Committee on Special Education (CSE) process and children's educational rights. Advocates may accompany parents to CSE meetings to assist in presenting information or seeking additional educational service and supports. There are no fees for these services.

ACCESS: Supports for Living	(845) 343-8100
Independent Living	(845) 565-1162

ASSISTANCE WITH CHALLENGING BEHAVIOR

When experiencing a situation with imminent danger to the person or others, call 911.

FSS-After Hours Family Crisis Intervention

(OPWDD Eligibility Not Required)

This service is designed to provide a mobile response by experienced staff to calls from families of people with developmental disabilities living home in need of support for behavioral or emotional issues.

ACCESS: Supports for Living

(888) 750-2266

In-Home Consultation Services (CAPIS Program)

(OPWDD Eligibility Not Required)

Short-term consultation in the family home providing strategies for behavior intervention, training, and information for families coping with their developmentally disabled child's challenging behaviors.

Mental Health Association in Orange County

(845) 342-2400

Child and Family Clinical Resource Team-The goal of this in-home consultation service is to help parents of children on the autism spectrum understand, prevent, reduce and replace problem behaviors over approximately six-nine months. Applied behavior analysis based services provided by this multi-disciplinary team include functional behavior assessment, strategies and plans to address behavior, sensory issues and environmental issues. Family participation in training, assessment and plan development is required.

Orange County Department of Mental Health

(845) 291-2600

Coordinated In-Home Supports (CIHS) Project The project offers the highest level of in-home support for school-aged children on the autism spectrum living at home with significant, problem behaviors through provision of enhanced community habilitation and clinical support. Six agencies provide mentors that work directly with the child: ACCESS: Supports for Living, Crystal Run Village, Greystone Programs, Inspire, Mental Health Association and The ARC of Orange County. The County Department of Mental Health provides oversight, centralized training for mentors employed by the six agencies and parents plus applied behavior analysis based clinical support. Family participation in training, assessment and implementation of plans is required. This is not a lifelong service; a utilization review process helps to determine justification for continued service.

Orange County Department of Mental Health

(845) 291-2600

Intensive Behavioral (IB) Services-Short-term (6 month) services that focus on developing effective behavior management strategies for individuals whose challenging behavioral issues put the individual at risk of placement in a more restrictive residential setting. While not a crisis intervention program, this program does teach the individual, families and other caregivers how to respond to and deal with those challenging behaviors that might otherwise result in admission to a higher level of care.

Hudson Valley DDRO

(845) 695 7330

Systemic, Therapeutic Assessment, Resources and Treatment. (START)-offers training, consultation, therapeutic services and technical assistance to enhance the ability of the community to support individuals with complex behavioral health needs, and focuses on establishing integrated services with providers.

Hudson Valley DDSOO

1-844-START80

Please also refer to www.orangecountynyddconnection.com for many training opportunities offered related to challenging behavior.

INDIVIDUALLY PLANNED SUPPORTS

Unlike other types of service systems, individuals must choose their providers. This requires an investment of time to become informed, contact potential providers, talk with others that use the service and where applicable, visit programs.

Self- Direction

Self-direction offers flexibility to choose the mix of supports and services that are right for the individual and control over the funding used to purchase services. Choose services, staff and organizations that provide them, and schedule for service delivery. An agency can help (*agency-supported self-direction*) or individuals and their families can create and manage their own budget with help from a Support Broker. Services can include a mix of those noted below and/or other generic community resources and supports such as club membership, continuing education, etc. Learn more at www.OPWDD.ny.gov.

CONSIDERATIONS WHEN CHOOSING A PROVIDER

Response time to your initial contact or inquiry

Quality of the interaction—respectful, professional, good listener,

welcoming Experience with your specific issues

Able to communicate in your primary language

The person you speak with may not be the person you will deal with directly if you select their agency, but they represent the agency and its culture. Your experience with that person may be indicative of future contacts—positive or negative.

Some Basic Questions to Ask

What will you do for me (or my family member)/what can I expect?

How often will you communicate with me and how?

How will you communicate with my other service providers?

How often will you visit me at home?

What are the qualifications of people hired to do the job?

How long will it take to get the service started?

What might impact the start of services?

How often will you visit me at school/day program/work?

Will you provide me with an agency administrative chain of command?

If I'm not happy with the service, what will you recommend?

How will you provide me with information about new services, changes in the system, training and events available in the county during the year?

How will you ensure coordination with my child's educational program?

For youth and adults: Will my opinion count if I disagree with my family about how a situation should be handled?

Does your agency participate in WELCOME Orange and how so? (please refer to page 3)

OPWDD has posted to its website information that may be helpful. Check these pages regularly by clicking on the link below or visit opwdd.ny.gov

[Information about agency performance \(for MSC & Safety\)](#)

Agencies on Early Alert Status

(repeated certification deficiencies impacting the quality of care or significant fiscal concerns)

Community Habilitation

This service can be delivered at any non-certified location, including the individual's home. Supports include adaptive skill development, assistance with activities of daily living (hands-on), community inclusion and relationship building, training and support for independence in travel, transportation, adult educational supports, development of social skills, leisure skills, self-advocacy and informed choice skills, and appropriate behavior development to help the individual access their community.

Coordinated In-Home Supports (CIHS) Project

This service offers the highest level of in-home support for school-aged children on the autism spectrum living at home with significant problem behaviors through provision of enhanced community habilitation and clinical support. Six agencies provide mentors that work directly with the child: ACCESS: Supports for Living, Crystal Run Village, Greystone Programs, Inspire, Mental Health Association and the ARC of Orange County. The County Department of Mental Health provides oversight, centralized training for mentors employed by the six agencies and parents plus clinical support based on the science of applied behavior analysis. Family participation in training, assessment and implementation of plans is required. A utilization review process helps to determine justification for continued service.

Day Habilitation

Day Habilitation offers unpaid structured skill building activities and specialized assistance designed to increase the individual's independence, productivity, and integration outside of the home. Services may be provided to one person or to groups of people. Center based programs offer more structure, providing some services within a building and some out in the surrounding community. Participants enrolled in "without walls" day habilitation plan to meet up at a designated location in the community.

Environmental Modification/Adaptive Equipment

These supports offer physical modifications to the home that can increase or maintain the individual's ability to remain in his/her home. Like E-mods, adaptive devices (aids, controls, appliances and/or supplies) can increase or maintain the individual's ability to remain in the home, but can also assist with the individual's interaction in the community. Environmental modifications include, but are not limited to, ramps, lifts for porch, stairs and/or bathrooms, hand rails, and bathroom/kitchen modifications such as roll-in showers, shatter-proof bathroom/shower doors, and work surface and cabinet/shelving adaptations. In addition to these physical types of modifications they can include modifications that address the individual's sensory deficits, such as Braille identifications systems and strobe light smoke detectors and modifications that promote a safer environment for individuals with challenging behaviors, including window protection, reinforcement of walls, open-door signal devices and durable wall finishes.

Adaptive devices include communication aids, such as Personal Emergency Response Systems (PERS), speech amplifiers and motion-activated devices, and adaptive aids and devices, including feeding, dining and meal preparation aids/devices/appliances, motorized wheelchairs, guide dogs and computer hardware/software that can improve communication and/or adaptive skills

Hourly In-Home Waiver Respite

Respite services give families time away from taking care of their family member who has a disability. Respite allows family members to go shopping, attend a wedding or funeral, or to just relax at home. Hourly respite is provided in the person's home. The child or adult with a developmental disability will be supervised and provided with care. This service does not provide skill building.

Housing-Non-Traditional, Non-Certified Options (see next section)

Individual Directed Goods and Services (IDGS)

This support offers an array of resources and supports that can be purchased by those self-directing their services such as non-credit college courses, club memberships, etc.

Intensive Behavioral (IB) Services

Short-term (6 month) services that focus on developing effective behavior management strategies for individuals whose challenging behavioral issues put the individual at risk of placement in a more restrictive residential setting. While not a crisis intervention program, this program does teach the individual, families and other caregivers how to respond to and deal with those challenging behaviors that might otherwise result in admission to a hospital or psychiatric center.

Overnight Respite

Overnight respite is provided for in a small house setting available daily and up to 30 days. Guests staying during the week must attend a work or school program during the day. Meals, activities and 24 hour supervision Included. Stays are typically planned.

ACCESS: Supports for Living (888) 750-2266 ages 18+, may accommodate emergencies
Crystal Run Village, Inc. (845) 695-2561 ages 13+ with designated weekends for ages 5-12

Pathway to Employment

Person-centered employment planning and support service that provides assistance for individuals to identify a career or vocational direction, obtain, maintain or advance in competitive employment or self-employment. It also provides instruction and training in job readiness skills and develops a plan for achieving competitive, integrated employment at or above the New York State minimum wage. Within 12 months the outcome of this service is documentation of the participant's stated career objective; a detailed career plan used to guide individual employment supports; and preparation for supported employment.

Pre-Vocational Services

Assistance for those individuals who are interested in joining "the world of work" but whose skills are such that they may not expect to obtain competitive employment within the next year. The individual may or may not perform work for which he or she is paid while receiving prevocational services. Services include support and training related to the ability to obtain and retain employment.

Supportive Employment

This service provides meaningful work for wages with coaching in community settings for individuals who need long-term supports before starting or restarting unassisted competitive employment. The work setting must provide frequent daily social integration with non-disabled co-workers who are not paid caregivers. There are various levels of supported employment supports.

Housing Options & Supports

Non-Traditional, Non-Certified, Individually Planned

This is a service model for those that wish to be independent but they need some level of support. A person may live on their own, with friends, with their significant other with individualized support services (ISS) funding to help with the cost of room and board plus wrap around services such as community habilitation, and generic supports such as personal care. Many providers offer this service; some or all can be self-directed.

Additionally, two providers have partnered with developers resulting in the creation of several affordable apartment complexes open to anyone meeting the income criteria. The NYS OPWDD has provided funding for specialized wrap around supports based on need for those with a developmental disability living in those complexes.

ACCESS: Supports for Living
Independent Living

(888) 750-2266
(845) 565-1162

Wraparound Community Services (WCS)

WCS is an innovative program which provides intensive in-home supports for persons with developmental disabilities and their caregivers. The program offers a community based alternative to residential care without compromising quality or safety for OPWDD eligible individuals. WCS is comprised of three distinct programs: Family Care Services, Shared Living Services, and Supportive Home Services.

Family Care Services (FCS) – individuals with developmental disabilities are matched with caring, supportive families to provide them with residential housing in certified private homes.

Shared Living Services (SLS) – provides an innovative option to residential care. Persons with developmental disabilities will live in apartments, condominiums, and houses on their own or with a person who they have chosen to provide caregiver services.

Supportive Home Services (SHS) – is designed to provide the routine and emergency supports necessary to prevent the need for an out of home placement.

Inspire

(845) 294-7300 ext. 253

Traditional Certified Options

Traditional options include settings licensed by OPWDD to provide housing and related services, operated by either the state or not-for-profit agencies. These settings provide various levels of care and support with up to 24/7 supervision. Program models: Intermediate care facility (ICF), Individual Residential Alternative (IRA), Supportive Apartments, Family Care. It is important to note that a residential submission and screening process exists to match the highest priority people to beds as they become available.

SECTION III: PLANNING FOR THE FUTURE

TRANSITION PLANNING

The purpose of including information on the laws and regulations in this guidebook is to reinforce the fact that Transition Services are mandated by the Individuals with Disabilities Education Act (IDEA) (P.L. 101-476). In other words, they are not optional. All students who are classified as having a disability by the local Committee on Special Education need preparation to fully participate in community life as adults. The transition planning process is meant to encourage Committees on Special Education to look beyond the traditional educational focus of the IEP and to be creative. For example, Transition Services may include travel training, self-advocacy, real work experiences, and /or community integration.

Transition Services refers to a coordinated set of activities for a student with a disability, designed within an outcome-oriented process that promotes movement from school to post-school activities including but not limited to:

- Post-secondary education
- Vocational training
- Supported and competitive employment
- Continuing and adult education
- Adult day services
- Adult services to support independent living
- Supervised housing and community participation

Transition Services can include any aspect of adult life with which students and families will need some assistance. This does not mean that the school district must provide you with housing, for example, but it does mean that they must discuss with you during the planning meetings where you can get information and help with this issue.

Long Term Adult Outcome Statements must be included in the student's IEP. They are destination statements, based upon the student's hopes and dreams for his/her self. They are future statements not behavioral objectives. There should be at least one outcome statement in each of the following areas developed in collaboration with the student and family:

- Employment: Will the student become a part of the workforce?
- Post-Secondary Education: Will the student go on to further education? (including life-long activities such as adult education, skill improvement workshops, training for hobbies, two-and four-year college, armed forces or technical schools)
- Community Living: How will the student be interacting with the community outside of work and further education?

A Coordinated Set of Activities must be included in the student's IEP. They must be based on the student's needs, taking into account their preferences and interests and shall include needed activities such as Instruction, community experiences, related services, development of employment and other post-school adult living objectives and If appropriate, acquisition of daily living skills and functional vocational evaluation.

Related Services that support the student in achieving his/her educational, vocation and other community-based goals are also very important. Related Services refers to: speech, psychology, social work, physical therapy, occupational therapy, counseling, medical, health, parent counseling and training, other appropriate developmental or corrective support services, appropriate access to recreation and other appropriate support services.

Participating agencies, other than the local school district and BOCES must be identified. For students with developmental disabilities, that means one or more of the developmental disabilities provider network agencies listed in this guide. The following information should be included:

- Agency name
- Contact
- Service being delivered
- Implementation date of service

Be sure that the named agency has been contacted and has agreed to provide the service.

Transition Planning is not just one meeting. **By regulation, it is a process that must begin at age 14.** Over time, the student's needs, desires, and expectations will change and the transition plan should be updated as needed to fit the student. Transition Planning is also a collaborative process with the student, the family, school, and community agencies. Establishing a connection with the Service Needs Access Panel of Orange County will greatly facilitate and enhance the Transition Planning process.

ESTATE PLANNING AND GUARDIANSHIP

All families need to make legal and financial plans for the future. Parents should plan estates regardless of size, in order to provide lifetime care, financial security and protection for your child who has a developmental disability. The first step in estate planning is to assess the child's future requirements and needs. An accurate assessment with the help of professionals, family members and the child will facilitate proper planning. Estate planning items include: wills and trusts, maintaining governmental benefits, and minimizing taxes. Parents of an individual with developmental disabilities must give special consideration to the following:

- How to prevent government and other agencies from charging for current or past services
- How to prevent their child from being disqualified from need-based government benefits

The estate plan should supplement rather than replace state and federal entitlements. (See Public Entitlements). The plan should ensure that the resources a parent leaves for the child do not disqualify him/her for any benefits to which he/she may be entitled or are not taken for reimbursement of benefits received in the past.

An attorney is essential in creating an appropriate plan, which will fit the family circumstances and meet the need of the family member with a disability. It is important to find an attorney who is not only competent in estate planning but is also familiar with the issues created by developmental disabilities. Agencies within the Developmental Disabilities Provider Network may be of assistance in identifying local attorneys with this particular expertise.

WILLS

The Will specifies how your money and property will be distributed after your death and names a guardian for minor children. It is recommended that both spouses have a Will. Special consideration should be given to:

- Deciding the best way to distribute money or property so as not to jeopardize the child's benefits
- Determining if a guardian will be necessary to manage money or care for the child

TRUSTS

Individuals with developmental disabilities, who need governmental benefits such as SSI and Medicaid for their care, can keep their benefits and have supplemental financial assistance through the use of a Trust. Parents of an individual with developmental disabilities may establish a Supplemental Needs Trust as an effective way to financially assist their son or daughter and allow them to continue to benefit from SSI, Medicaid and other benefits. A Trust can be established at any time during the life of the person with a disability. It can be established as a directive of the parents' Will or created separately with the assistance of an attorney. It is important to remember that assets should not be left directly to an individual who receives SSI but the assets should be placed in a Trust to supplement the SSI income. In order to establish a Supplemental Needs Trust, it is necessary to contact an attorney who is very familiar with the specific issues related to developmental disabilities. The trust can be part of a Will or can be a separate document.

GUARDIANSHIP AND CONSERVATORSHIP

When an individual reaches the age of 18, that person is seen by the government and legal system as capable of managing his or her affairs including making decisions about all aspects of life. When a person has a developmental disability, he or she may need assistance in making decisions, working with income and finances and more. There is a legal process by which a parent, sibling or friend can be appointed as guardian to assist the individual with decisions and other life activities. The process also allows appointment of stand-by guardians to assume the guardian position when the current guardian is no longer able to provide the assistance needed.

The points to be aware of in regard to **guardianship** are:

- Guardians are appointed for individuals who are developmentally disabled over the age of 18 who are incapable of managing themselves or their affairs.
- Parents require a court appointment as a guardian to continue to exercise legal control over an adult child who reaches age 18.
- Parents who reside in Orange County must petition the County Surrogate Court. The petition can and should name an alternate or standby guardian. The standby guardian can assume the guardianship duties upon the death or inability of the guardians.
- Depending upon the circumstances, a hearing may be held.
- An attorney is not necessary. Parents may initiate this process on their own by contacting Orange County Surrogate Court located at 30 Park Place in Goshen, NY. (845) 291-2193.

**The Mental Health Association in Orange County
offers assistance with Article 17A Guardianship for a nominal fee. (845) 342-2400**

The points to be aware of in regard to **Conservatorship** are:

- Conservators are appointed for individuals over the age of 18 who are unable to manage their finances.
- Conservators manage the property of the conservatee. They do not have the authority to make medical decisions.
- The parent or another party must petition the County Supreme Court (845) 294-5151 for the appointment of a conservator.
- A hearing is required.

[NYSARC, Inc.](#) (formerly The New York State Association for Retarded Children) through its chapters, offers a unique, lifetime commitment to parents and relatives of individuals who have a developmental disability. It has a guardianship program that offers guardianship of the person for families who apply and list NYSARC, Inc. as the last alternate stand-by guardians.

For further information contact: (845) 561-0670

An easy-to-read booklet called "Planning for the Future" is available on the County Website www.orangecountynyddconnection.com

SURROGATE DECISION MAKING COMMITTEE

Persons with mental disabilities who reside or once resided in facilities or programs licensed, operated, or funded by the New York State Office of Mental Health sometimes require major medical and dental treatment. In some instances, they lack the capacity to make an informed decision for the proposed major medical treatment. Additionally, in many cases, they don't have a family member or guardian who is legally authorized and willing to make this important decision on their behalf.

When a true medical emergency exists, New York State law allows physicians to provide these individuals with emergency treatment without waiting for consent. If the proposed major medical procedure is not of an emergency nature, and there is no one authorized and willing to provide informed consent or refusal of treatment on behalf of the patient, one option is obtaining a court order for treatment. That process is sometimes expensive, impersonal and time consuming, and often results in a delay in obtaining needed medical services for the patient.

Surrogate Decision-Making Committees (SDMC) are an alternative approach to the court system for obtaining an informed decision about major medical treatment and are intended to provide a quicker, more easily accessible, cost-free and personalized decision on behalf of mentally disabled individuals.

- Average time from receipt of case in SDMC to hearing and decision - 14 days
- Expedited hearings also available
- Second opinions are NOT required
- Patient attends the hearing
- No fees to either the patient or their provider agency

The SDMC consists of volunteers appointed by the Justice Center for the Protection of People with Special Needs. These volunteers exercise SDMC functions through panels of four.

SECTION IV: OTHER COMMUNITY RESOURCES

SPECIALIZED GOVERNMENT SERVICES, PUBLIC ENTITLEMENTS & BENEFITS

Child & Family Health Plus

Free or low-cost health insurance for children and adolescents not eligible for Medicaid. Free or low-cost fee depending upon family size and income.

NYS Health Department

(800) 698-4543

Adult Career & Continuing Education Services – Vocational Rehabilitation (ACCES-VR) Through the NYS Education Department, ACCES-VR offers a full range of employment and independent living services that may be needed by persons with disabilities through their lives and coordinates policy and services relating to:

- transition services for students with disabilities from school to adult services;
- vocational rehabilitation services for working age individuals with disabilities;
- independent living services for people with disabilities of all ages; and
- business services for hiring a qualified diverse workforce

ACCES-VR

(845) 452-5325

NYS Office of Children and Family Services – Commission for the Blind and Visually Impaired

Services to enhance employability, to maximize independence, and to assist in the development of the capacities and strengths of people who are legally blind.

NYC OCFS Commission for the Blind

(888) 871-3000

Orange County Department of Health

This department administers an array of benefits and services to eligible applicants including but not limited to:

- Early Intervention and Child Find-evaluates children from birth through 2 years of age for developmental delays. If eligible for services, the Early Intervention program provides speech, occupational, and physical therapy, nutrition, social work and other services as appropriate.
- Pre-School Special Education individual or group instructional services for eligible children from age 3 – 5 years who have a disability that affects their learning.
- Children with Special Health Care Needs-Provides information and referral services to assist families of physically challenged or chronically ill children from birth through age 21 years.
- Healthy Mom/Healthy Baby-assists Medicaid eligible women, who think they may be pregnant, obtain prenatal care within the first three months of pregnancy.
- Public Health Nursing-Immunization, TB, STD and HIV Clinics; Nutrition Assistance - Women, Infants and Children (WIC); Home Health Care Services

OCDOH

(845) 291-2332

[Orange County Department of Social Services](#)

The Department administers an array of benefits to eligible applicants including Medicaid; Food Stamps; Temporary Assistance; Home Energy Assistance Program (HEAP); Housing; Day Care Assistance.

Some additional services provided:

Preventive Services provide supportive and rehabilitative services to intact families where children have been assessed to be at-risk of foster care placement.

Intake Services provide an assessment of need in non-child protective services situations.

The County DSS contracts with NHS Human Services to provide crisis intervention, casework support, parent advocacy, housing advocacy, economic independence referrals, courtesy home studies, and information and referral information for families in need of assistance. To make a referral, please contact NHS at (845)561-1038

Child Protective Services Caseworkers investigate allegations of child abuse and neglect that are made to the New York State Central Register (SCR) and then transmitted to the local DSS.

Family Assessment Response (FAR) offers a new approach to investigating some child neglect reports made to the NY state Central Registry. FAR helps ensure that children are safe, while at the same time setting aside the issue of fault and negative labels for parent and caretakers. It focuses on the families' strengths and needs and the resources in the community. There will be no decision about whether a report is "indicated" or "unfounded" but rather, services will be arranged, for the family, if needed. Reports of abuse and serious neglect allegations will continue to receive a traditional CPS investigation.

Adult Protective Services provides assistance to mentally or physically impaired adults, 18 or older, who are unable to meet their essential needs of food, clothing, shelter, or medical care, and/or who are unable to protect themselves or their interests from neglect or abuse, and who further, have no one willing and able to help in a responsible manner.

Adult Home Care Services are designed to increase or maintain an adult's level of independence to assure their continuing safety, independence and ability to remain at home.

Personal Care services are provided in the home to assist *in the care of a child or adult that is not able to perform typical, age appropriate daily living skills or household tasks.*

Family Type Homes for Adults-typical homes managed by a family that have chosen to become Certified providers of housing for adults than are unable to live on their own for a variety of reasons.

Child Abuse Hotline	(800) 342-3720
After Hours Emergencies	Please call 211
Goshen	(845) 291-2800
Middletown	(845) 346-1120
Newburgh	(845) 568-5100
Port Jervis	(845) 858-1420
Personal Care Provided by Maximus	(888) 401-6582

[Orange County Youth Bureau](#)

Promotes positive youth development through county-wide integrated planning, funding, monitoring, coordinating and developing youth and family services programs for Orange County youth aged 0-21.

An array of services are available throughout the county.

(845) 615-3620

Senior Dining Home Delivered Meals

Hot, nutritionally balanced meals are provided five days per week at noontime to the individuals home alone, 60+, homebound with no nutritional supports with two frozen meals to cover weekends. No fee but a contribution of \$3.00 is suggested. The Orange County Office for Aging offers an array of other services and events

(845) 615-3700

Social Security

Provides monthly income for eligible individuals with disabilities based on income and disability.

Social Security Administration

(800) 772-1213

NYS Justice Center for the Protection of People with Special Needs

The Justice Center was created in legislation by Governor Cuomo in 2013 to establish the strongest standards and practices in the nation for protecting people with special needs. It serves both as a law enforcement agency and as an advocate for people with special needs. The Justice Center’s responsibilities include:

Advocating on behalf of people with special needs and overseeing the quality of care they receive. Ensuring that all allegations of abuse and neglect are fully investigated. The Justice Center has legal authority to investigate incidents involving people with special needs. Its Special Prosecutor/Inspector General has the authority to prosecute allegations that rise to the level of criminal offenses; Operating a 24/7 Hotline which receives reports of allegations of abuse, neglect and significant incidents. Reports are made by service providers and others who are “mandated reporters” as well as by any individual who witnesses or suspects the abuse or neglect of a person with special needs. Maintaining a comprehensive statewide database that tracks cases until they are resolved and allows the Justice Center to monitor trends and develop abuse prevention initiatives. Maintaining a “Staff Exclusion List” of individuals found responsible for the serious abuse or neglect of a person with special needs. Anyone entered into this statewide register is prohibited from ever working again with people with special needs in New York. Operating an Information and Referral Line to respond to general disability-related inquiries. Continuing existing advocacy programs including the Developmental Center Ombudsman Program, Surrogate Decision-Making, Technology Related Assistance for Individuals with Disabilities (TRAID) and Adult Homes Advocacy.

- Administering the Inter-agency Coordinating Council for Services to Persons Who Are Deaf, Deaf-Blind or Hard-of-Hearing.
- Monitoring the quality of mental health care in New York State correctional facilities.
- Promoting the inclusion of people with special needs in all aspects of community life.

General Phone	(518) 549-0200
Report Abuse	(855) 373-2122
Report Abuse TTY	(855) 373-2123
Information & Referral	(800) 624-4143

Assistive Technology (TRAID) Program

The NYS Justice Center for the Protection of People with Special Needs administers the Technology-Related Assistance for Individuals with Disabilities (TRAID) Program. TRAID's mission is to coordinate statewide activities to increase access to and acquisition of assistive technology in the areas of education, employment, community living and information technology/telecommunications. Each of the 12 centers provide information; training; device demonstration, reuse, exchange, and loans. TRAID staff also provides technical assistance and advocacy on how to obtain and use assistive technology services and devices.

UCP of Ulster County
UCP of Ulster County TTY

(845) 336-7235 X 129
(845) 336-4055

TRAID-In Equipment Exchange Program

Through the Justice Center, the TRAID-In Equipment Exchange Program "matches" or connects people who have assistive devices they no longer need with people with disabilities who could use those devices. The program is available to New York State residents only, and is free of charge. Anyone who wishes to participate in the program must first complete an application form. There are two forms – one for sellers/donators and one for requesters.

TRAID
TRAID TTY Dial 7-1-1 NYS Relay

(800) 624-4143
Give above number

DAY CARE FOR CHILDREN

Orange County Child Care Council

Assists parents, child care programs and the community with information and resources to choose child care, provide child care and/or support Child Care and Early Learning options in Orange County

Orange County Child Care Council (845) 294-4012

Curious Cubs Daycare Center

Inclusive program in Middletown for both typically developing & developmentally delayed children, ages 8 weeks-4 years

The Arc of Orange (845) 344-2292

The Dept. of Social Services provides assistance with day care to qualifying low-income families.

(845)294-4000

ADULT DAY CARE OPTIONS

Adult Day Care provides seniors with and without disabilities meaningful and stimulating activities while providing the caregiver with a break. There are two types of adult day care models: Medical and Social. The **medical model** provides round trip transportation, nursing, medical care, medication administration, clinical services, dentistry, podiatry, social services counseling, community and recreational activities (exercise, music, arts and crafts, guest speakers, and entertainment), hot nutritional meal and snacks. The **social model** provides community and recreational activities, hot nutritional meals and snacks. It does **NOT** offer clinical, medical or transportation services. Medicaid & Private pay.

Day at a Time

Medical Model Program located in Warwick Monday – Friday 9:00 -4:00
(845) 987-5767

Elant

Located in Goshen & Newburgh, the medical and social models are open seven days a week.
(800) 501-3936

Hand in Hand Care

Located in Middletown, this social model program is open Monday through Friday. Also offered: service coordination, respite, home care and housekeeping
(845) 342-4787

Promenade Senior Day Program

Located in Middletown and New Windsor, social model programs are open Monday through Friday.
Middletown (845) 341-1888
New Windsor (845) 342-4787

TRANSPORTATION

Dial A Bus

Door-to-door transportation within specific towns. Contact Your Local Municipality

GM Mobility Program

For persons with disabilities, the program provides up to \$1,000 total reimbursement toward: vehicle mobility adaptation costs for drivers or passengers; and/or, vehicle alerting devices for drivers who are deaf or hard of hearing. Two types of alerting devices are on the market: emergency vehicle siren detectors and enhanced turn signal reminder devices. The alerting device reimbursement is retroactive to eligible new GM vehicles purchased or leased on or after September 29, 1994 (the start of the 1995 model year). These reimbursements are available even if other funding assistance is obtained
Local GM Dealer or Mobility Center (800) 323-9935

Handi-Van Transportation must be arranged in advance. Donation requested.
Middletown Residents (845) 342-0068

The Main Line Trolley and Bus Service Accessible bus transportation connecting Middletown, Goshen, Chester, Monroe, Harriman, Galleria at Crystal Run, Harriman Railroad Station and Woodbury Commons.

Shortline (800) 631-8405

MASA Ambulette Transportation in southern Orange County. (845-783-2187)

Medicaid Transportation (866) 591-4066

Para-Transit (all vehicles have lifts and tie downs) operating in Newburgh, Middletown and Kiryas Joel areas, transporting people to/from an area ¼ mile on either side of the fixed bus routes; may be door to door

Newburgh Beacon Bus Corporation (800) 624-4217
Fee \$1.00 Each Way Must be an approved rider and call 24 hours in advance

Stewart Airport Passenger Boarding Lift

Stewart Airport now has a passenger boarding lift available to assist people with disabilities in boarding

and disembarking aircraft. If you would like to use the lift, contact your airline at least 24 hours in advance. (845) 838-8200

RESOURCES FOR DENTAL, MEDICAL AND OTHER PHYSICAL SERVICES

Blythdale Children’s Hospital (Valhalla)	(914) 592-7555
Ezra Choilim Health Center (Monroe)	(845) 782-3242
Helen Hayes Hospital (West Haverstraw)	(845) 947-3000
Hudson Valley DDRO Jervis Clinic	(845) 947-6220
Inspire, CP Center (Goshen)	(845) 294-8806
John & Nancy O’Shea Pediatric Center	(845) 437-3040
Maria Farrari Children’s Hospital	(866) 962-7377
NYS Institute for Basic Research	(718) 494-5126
Orange Specialty Center	(845) 692-8970
St. Luke’s Hospital Pediatric Center	(845) 703-7000
Center for Spectrum Services	(845) 336-2616
Westchester Institute of Human Development	(914) 493-8150

RESOURCES FOR BEHAVIORAL HEALTH

Outpatient Mental Health Licensed Clinics provide psychiatry; clinical assessment; medication management; individual, family and group treatment for children and adults

Orange Regional Counseling Center	(845) 692-8085
Rockland Psychiatric Center	(845) 343-6686
ACCESS: Supports for Living	(888) 750-2266
Orange County Depart of Mental Health	(845) 568-5260 (845) 858-1456

Single Points of Entry for Children and Adult Mental Health Services

Orange County Depart. Of Mental Health	(845) 291-2600
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Mobile Mental Health

Professional, licensed clinician-staffed telephone support and in-person outreach intervention is available 24 hours a day, 7 days a week to anyone in Orange County in need of emotional support or crisis intervention in the home, school or community. ***If a person is presenting imminent danger to themselves or others call 911**

ACCESS: Supports for Living	(888) 750-2266
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Acute In-Patient Psychiatric Assessment

Psychiatric emergency services are available 24/7 through hospital Emergency Rooms for persons of any age or disability experiencing a significant psychiatric, behavioral or emotional issue, danger to self/others. Services include comprehensive psychiatric and medical evaluations, treatment, admissions, transfers, and/or discharge planning services.

Orange Regional Medical Center	(845) 333-1621
Bon Secours Community Hospital	(845) 856-5351

Hospitals are required to assess the need for in-patient psychiatric care but not required to admit the person. If the hospital determines that an admission is warranted but doesn't have an available bed or does not serve children, they are to contact other hospitals and arrange for transport if necessary

Hospitals that provide in-patient services for children and adolescents

Four Winds	(914) 763-8151
Rockland Children's Psychiatric Hospital	(845) 680-4000
NY Presbyterian	(212) 305-2500
St. Vincent's Hospital	(888) 689-1684
Westchester Medical Center	(914) 493-7000

Middletown Addictions Crisis Center

Medically monitored withdrawal services and in-patient treatment for those ages 16 and above
Honor EHG (845) 343-1433

ADAC

Alcoholism and Drug Abuse Council of Orange County (ADAC), provides an array of services including but not limited to prevention, education, information/referral. (845) 294-9000
Information and referral for help with food, employment, housing, counseling, healthcare and more.

MISCELLANEOUS

2-1-1 HUDSON VALLEY (NEW YORK)

Emergency Housing

Temporary shelters for adults and families plus 24 hour supervision, meals, transportation, clothing, counseling and supports plus shelter for youth in crisis or who need a time out from family in a safe, structured environment to study, recreate and socialize (A Friend's House)
Honor EHG (845) 343-7155

Helpline

24-hour information and referral/crisis intervention hotline
Mental Health Association in Orange County (800) 832-1200 (845) 294-9355

Relatives as Parents Program (RAPP)

Assists grandparents and other relatives who have taken on the role of primary caregiver for related children with education and training to learn new parenting and advocacy skills, support group, referral and access to services
Cornell Cooperative Extension (845) 344-1234

Scholarship Guide

A scholarship guide has been developed for current and prospective students with disabilities involved in college planning. The guide serves as an additional tool for students who are struggling to finance their education. The guide includes over 70 scholarships specifically for students with disabilities, thoroughly explaining eligibility, award amounts, and how to apply. Interested individuals can access this guide via the following link <http://www.onlineschools.org/financial-aid/disabilities/>.

SPEAK

Special education advocacy and legal services to low income children in Orange County who are experiencing problems in schools.

Children's Rights Society

(845) 291-2722

(845) 291-2670

Yaladeinu (Our Children)

Special Needs Children's Program offering social/recreational/educational programming to Jewish children, from birth through the age of 18, who have any type of disability. A variety of services are offered, including a Sunday school class and a two week summer day camp experience.

Jewish Family Services of Orange County (845) 341-1173 x 305

Special Needs Cub/ Boy Scout Troop

Special Needs Cub/Boy Scout Troop sponsored by Air National Guard for boys 6-18. The troops will have volunteer members from the Air National Guard (845) 610-3149

Text 4 Teens

Provides teens with confidential text line for information, referral and "chatting" Mon/Tue/Wed/Thu 4 to 10 pm, Friday 4pm-12am, Saturday & Sunday 5 pm to 12 am.

Mental Health Association

(845) 391-1000

R.U.O.K Program.

Free service for the elderly, disabled or homebound residents of the Town of Monroe that provides a daily phone call to check on their welfare. The program is computer controlled and constantly monitored by a member of the Monroe Police Department. Participants select a convenient time they wish to be called and each and every day at that preselected time a call will be initiated to their home. If we receive an answer and all is in order no further action is taken. If however, no one answers the call, the computer generates an alert to the communications center and an officer will immediately be sent to the residence to make sure there is no problem to the person who is living alone.

Contact your local police department to see if they have a similar service.

Monroe NY Police

(845) 782 -8644